

***Praise to you Lord Jesus
Christ, King of endless
glory!***

No one lives on bread
alone, but on every word
that comes from the
mouth of God.

***Praise to you Lord Jesus
Christ, King of endless
glory!***



*Be with me, Lord, when I
am in trouble.*

1ST SUNDAY OF LENT

Luke 4:1-13

**A reading from the Holy Gospel according to
Luke**

Glory to you, O Lord †

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.'

Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says:

You must worship the Lord your God,

and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God', he said to him 'throw yourself down from here, for scripture says:

He will put his angels in charge of you

to guard you,

and again:

They will hold you up on their hands

in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said:

You must not put the Lord your God to the test.'

Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Gospel of the Lord

Praise to You, Lord Jesus Christ.

Help Jesus find the right path through the desert and into Galilee. Be wary of temptation along the way!



The devil appeared to Jesus and offered him the power to rule all the nations of the earth, if he worshiped him instead of God. Select the right path for Jesus to take.

Worship the devil

Run Away

Worship God and serve him



Teacher Notes 1st Sunday of LENT

Year C

Who or what rules our lives? In our readings today, we see examples of total commitment to God. This Lenten season is a time for us to think about Jesus' place in our lives, and to work hard to resist the temptations that separate us from him. Ask the children what they heard.

Ask them if they know what season of the Church year we are in.

See if any of them can explain what Lent is. Tell them that there are things in the Gospel that have to do with Lent. (praying, fasting)

When we were small, most children gave up lollies for Lent. Ask them why children did that, and what giving up lollies had to do with Lent and preparing for Easter.

It was really hard to give up lollies. Every time we passed the lolly shop we would be tempted. But we usually did not give in to temptation because we knew why we had given up lollies. We knew that Lent was a time to prepare ourselves for Easter. So we tried to be good, we prayed more, and gave up things we enjoyed. We wanted to show Jesus how much we loved him and how grateful we were that he loved us enough to die on the cross to save us.

In our Gospel today, Jesus was tempted. Remember he had gone to the desert to pray.

What were the three things that the devil tempted Jesus with?

Jesus did not give in to the temptations of the devil.

Ask the children if they ever feel tempted.

Share with the children about things that tempt you, and times you have or have not given into temptation.

Is food bad? Is money bad? Is it wrong to want things? None of those things is wrong. It is only when we make those things too important in our lives that it is wrong.

Lent is the time to straighten things out. God should be the centre of our lives, and we must not allow anything else to rule our lives.

Ask the children what kinds of things they can do this Lent to help themselves become better people and to let Jesus be the centre of their lives.

Some suggestions:

- avoid fighting with and teasing their brothers and sisters
 - get ready for bed as soon as they are asked to
 - do their homework without being told
- (ask the children for their suggestions)

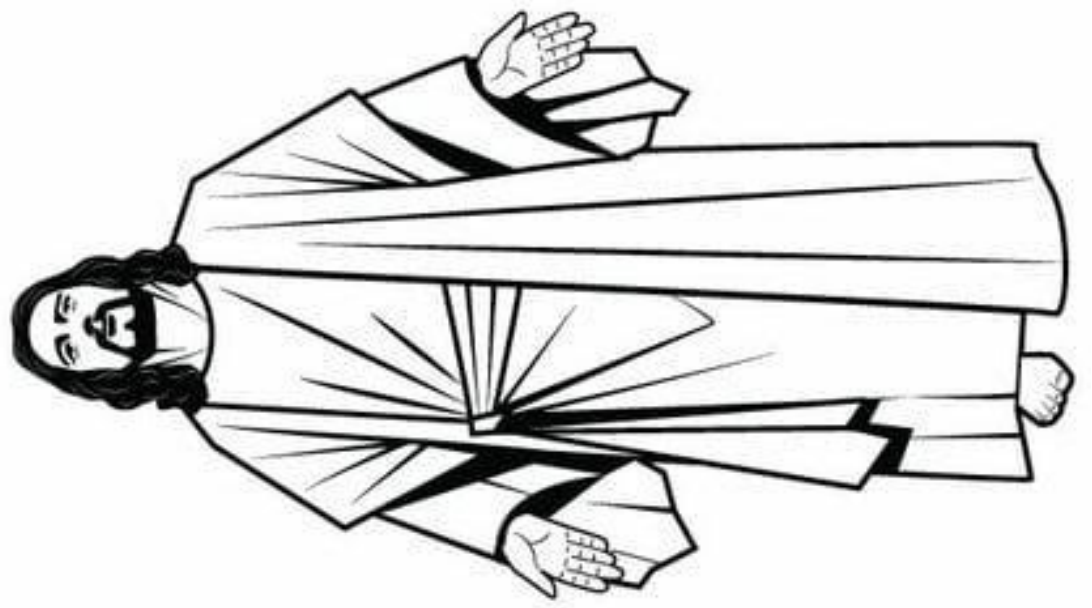
Remind them to thank God often during the day for all God's blessings.

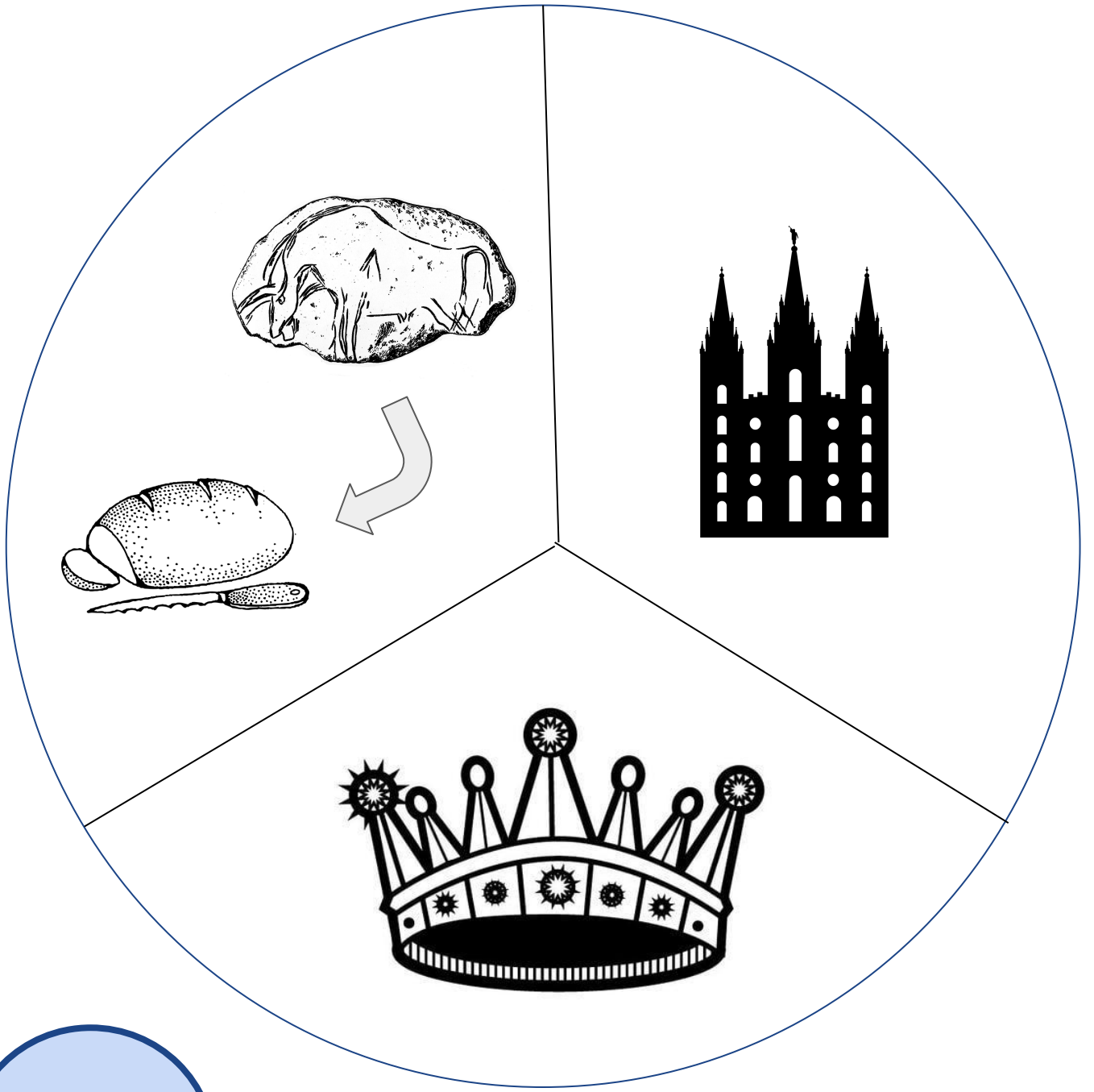
Remind them also to ask for God's help in overcoming temptation. God will help us when we are trying to be good.

CRAFT

Children create a open the flaps interactive showing the symbols representing the temptations of the devil.







TEMPTATION

