

HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



SIXTH SUNDAY IN ORDINARY TIME
16 February 2025 Year C/1—Divine office Psalter Week 2

ENTRANCE ANTIPHON

**Be my protector, O God, a mighty stronghold to save me.
For you are my rock, my stronghold!
Lead me, guide me, for the sake of your name.**

First Reading

A reading from the prophet Jeremiah

(Jeremiah 17:5-8)

The Lord says this:

‘A curse on the man who puts his trust in man,

who relies on things of flesh,
whose heart turns from the Lord.

He is like dry scrub in the wastelands:

if good comes, he has no eyes for it,
he settles in the parched places of the wilderness,

a salt land, uninhabited.

‘A blessing on the man who puts his trust in the Lord,

with the Lord for his hope.

He is like a tree by the waterside
that thrusts its roots to the stream:

when the heat comes it feels no alarm,
its foliage stays green;

it has no worries in a year of drought,
and never ceases to bear fruit.’

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) Happy are they who hope in the Lord.

Happy indeed is the man who follows not the counsel of the wicked; nor lingers in the way of sinners nor sits in the company of scorners, but whose delight is the law of the Lord and who ponders his law day and night. **(R.)**

He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper. **(R.)**

Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind. For the Lord guards the way of the just but the way of the wicked leads to doom. **(R.)**

Second Reading

A reading from the first letter of St Paul to the Corinthians (1 Cor 15:12, 16-20)

If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all

who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people.

But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

Rejoice and be glad;
your reward is great in heaven.

Alleluia!

Gospel

A reading from the holy Gospel according to Luke (Luke 6:17, 20-26)

Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases.

Then fixing his eyes on his disciples he said:

‘How happy are you who are poor: yours is the kingdom of God.

Happy you who are hungry now: you shall be satisfied.

Happy you who weep now: you shall laugh.

‘Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.

‘But alas for you who are rich: you are having your consolation now.

Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

‘Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.’

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holyfamilymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holyfamilymenai.org.au

Sacramental Coordinator:

Phone: 02 9543 2677
E: sacraments@holyfamilymenai.org.au

Parish Pastoral Council
Chair Person:
Ivan David
E: ivandavid445@gmail.com

Parish Finance Committee
Chair Person:
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: pssso@holyfamilymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

St Vincent de Paul, Menai
Conference - Contact
Chrissie Guglielmini
E: Chrissie.guglielmini@vinnies.org.au

Holy Family Primary Principal:
Phillip Tax Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Garden Maintenance:
Steve Connor
E: titan.lawnmowing@gmail.com

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234

Phone: 02 9543 2677

E: admin@holyfamilymenai.org.au

Web: HolyFamilyMenai.org.au

Parish Office hours:

Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:

Weekday: Tue - Sat 9.15am

1st Friday of the month: 7.00pm

Weekend: Saturday Vigil 5.30pm

Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition

Tue - Sat: 8.30am - 9.10am

Fri - 8.30am Laud's music

8.45am Divine Mercy Chaplet

9am Benediction of the Blessed Sacrament

1st Friday of the month (after 7pm Mass - 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm

Or by appointment.

Holy Communion or Visit at Home:

Please contact the parish office to arrange a time.

Baptisms: 1st Sunday during 10am Mass and every 2nd and 4th Sunday, 11.15am (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Jan Kurianski, Bernadette O'Brien, Ivan David, Adelaide Buttigieg, Tony Trainor, Ilse Von Stamm, Anthony Mifsud, Dymrna Fitzpatrick, Sandra Thomas, Frances Rupolo, Matthew McLachlan, Mark F, Robbert A, Charlie Callus, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey.

We remember those whose Anniversaries and Special Prayers have been requested:

Olga D'Souza, Domenico Cristiano, Mellisa Cristiano, Ottavio Pace, Lily Mifsud, Francesco Cardinale, John Try, Joan Cameron, Richard Brady, Nancy Casey, John O'Regan, Domenico Brisigotti, Marilyn Nicholls, Johanna Nicholls, Justin Oliffe, Joe Bridgett and Peter Howlett.

Recently Deceased.

Pamela Bilz, Bernadette Menezes and John Zaja.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

**They ate and had their fill,
and what they craved the Lord
gave them;
they were not disappointed in
what they craved.**

THE MYSTERY OF FAITH.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE JUBILEE PRAYER

Father in heaven, may the faith you have given us in your son, Jesus Christ, our brother, and the flame of charity enkindled in our hearts by the Holy Spirit, reawaken in us the blessed hope for the coming of your Kingdom.

May your grace transform us into tireless cultivators of the seeds of the Gospel.

May those seeds transform from within both humanity and the whole cosmos in the sure expectation of a new heaven and a new earth, when, with the powers of Evil vanquished, your glory will shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope, a yearning for the treasures of heaven.

May that same grace spread the joy and peace of our Redeemer throughout the earth.

To you our God, eternally blessed, be glory and praise for ever. **Amen.**

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

- † **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am
 - † **Morning Prayer (Lauds)** - Tue - Thu 8.45am.
 - † **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am
1st Friday of the month (after 7pm Mass - 12am)
 - † **Rosary** - Sat - 8.45am.
-
- † **Children's Liturgy** - Not in the School Holidays
 - † **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

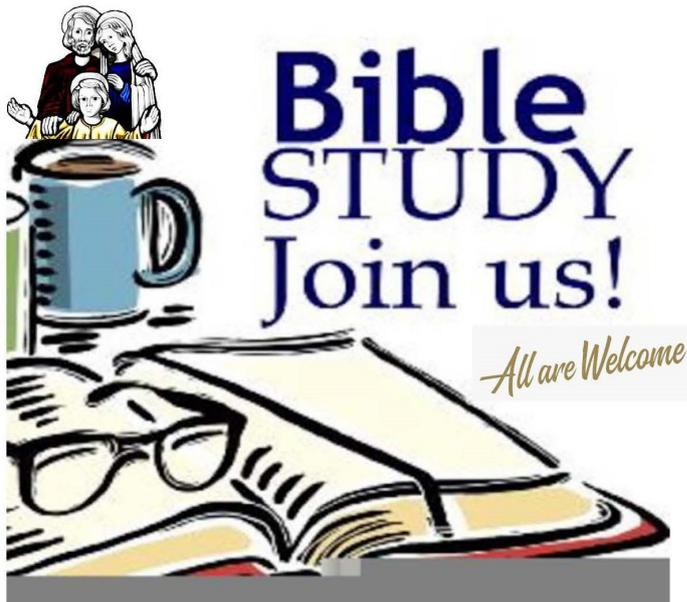
THE Catholic Weekly

SUNDAY, 16 FEBRUARY 2025

PULPIT POINTS

- ◆ Australia leads in protecting children from abuse, says safeguarding expert
- ◆ Peter Tran's inspiring journey to the seminary
- ◆ Aussie priest launches Jubilee Rome pilgrimage app
- ◆ Carols events raised close to \$40,000 for charity
- ◆ The tragic ripple effects of VAD become clear
- ◆ Sydney releases its Lenten Companion 2025

Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.



What?	The Gospel according to St John
When?	Every Friday from 7.30 - 9.00 pm, starting 21st Feb 2025 (Except during Lent & on 1st Fridays, it will be on Thursdays same time)
Where?	Church meeting room
What to bring?	Your Bible (NRSV or Jerusalem versions preferred)
Facilitators:	Margaret Keyes, Stella Hung, Adrian D'Mello, John Rickert, Katherine Branley, Fr Mani

Saturday 22 February - The Chair of St Peter

The chair (cathedra) of a bishop is a pre-eminent sign of his teaching authority and pastoral oversight of a local Church. This feast, observed in Rome since the fourth century, celebrates Peter, first among the apostles, as founder of the See of Rome and the focus of unity in the communion of one faith. Mass at 9.15am

ASH WEDNESDAY 5 March

As we are quickly approaching Ash Wednesday, anyone that has any palm leaves from last year, please bring them in and place them in the basket provided in the foyer.

Caritas envelopes and boxes are now available to collect in the foyer.

PLEASE NOTE DATE CHANGE

St Joseph's Camino Men's overnight Pilgrimage is now 5 -6 September

ROSTER FOR 22/23 FEBRUARY: (4TH WEEKEND) SEVENTH SUNDAY IN ORDINARY TIME YEAR C		5.30pm	8:30am	10am	OTHER
	ACOLYTE	Justin Coupland	George Szymura	Phil Collins Adrian D'Mello	Counters: Allen Oliver's Team
READERS	Anne Newman Year 3 Family/Teachers	Bernard Govind Mia Apomayta Andrea King	Emma Gioiello Nuha De Vries	Children's Liturgy: Vanessa & Emma	
WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Tony Ibrahim	Heritage Aged Care: George & Wendy	
MUSICIANS	Family Mass	Daniel Nakhl	Volunteer Welcome	Barden Lodge Aged Care: Elise	
PIETY STALL	Anne	Terri	Volunteer Needed		



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

Our Parish Administrative System

The parish priest exercises the pastoral care of the community entrusted to him under the authority of the Archbishop, whose ministry of Christ he is called to share, so that for this community he may carry out the offices of teaching, sanctifying and govern with the cooperation of other priests or deacons and with the assistance of lay members of Christ's faithful in accordance with the law (Can.519).

Based on the above-mentioned, our Parish has a strong Pastoral Council (PPC) which meets every 3rd Tuesday of the month from 7.30 -9 pm. Our Parish Finance Committee (PFC) meets once in six months or whenever any financial need arises as the Parish Priests decides. Then there are many other groups to help with parish pastoral care.

Members of the Parish Pastoral Council (2025)

Ex Officio members:

- ◇ Fr. Mani Malana msfs (Parish Priest)
- ◇ Fr Tom Jose (Asst. Parish Priest)
- ◇ Mr James Clancy (Principal Aquinas Catholic College)
- ◇ Mr Phil Tax (Principal Holy Family Catholic School)

Members

- ◇ Ivan David (Chairperson)
- ◇ Maguy Nakhil
- ◇ Christopher Fetherston
- ◇ Adrian D'Mello
- ◇ Ann Newman
- ◇ Emma Gioiello
- ◇ Melanie Stock
- ◇ Anthea Mure

Parish Finance Committee (2025)

- ◇ Bob Mulcahy (Chairperson)
- ◇ John Burt
- ◇ Joe Cincotta
- ◇ Simon Bradstock

SCRIPTURE 2025

This weekend is Catechist Sunday when we commission our Catechists for the forthcoming school year and make our annual appeal to our faith community to join us in this vital mission of bringing God to our state school students.

Currently we have 14 Catechists teaching close to 500 students in 6 primary schools. Our classes are on Tuesdays and Wednesdays and each class runs for 30 minutes. Such a short time! I'm sure we must have people in our parish that can spare 30 minutes for a class and 30 minutes preparation time each week? If you work from home, have flexible working hours, are retired, studying at university or have time during the day when children are at school, please consider becoming a Catechist!

We have vacancies for 2025 in our younger classes:

Class	Day	Time	School
Kindergarten	Wednesday	2 – 2.30pm	Illawong Public School
Year 1 & 2			
Year 2	Wednesday	1 – 1.30pm	Menai Public School
Year 3 & 4			
Year 1 & 2	Wednesday	11.50am – 12.20pm	Alfords Point Public School
Kindergarten	Wednesday	2-2.30pm	Lucas Heights Com. School

Training sessions are currently being offered online or at Miranda CCD (Confraternity of Christian Doctrine) There is a wealth of information available on the CCD website and I urge anyone with even the slightest interest to have a look:

You will find information about training courses, resources, support materials and (short) inspiring videos of Catechists of all ages, from all different backgrounds who have heeded the call. They talk of the joy and satisfaction they experience when sharing their faith with children.

Please consider joining the team in 2025... there's a warm welcome awaiting you!

Terri Casey

Catechist Co-ordinator
Mob: 0409390829



MEDIA STATEMENT

FEBRUARY 11, 2025

Pope Francis appoints auxiliary bishop for Sydney

The Australian Catholic Bishops Conference has welcomed the appointment by Pope Francis this evening of a new auxiliary bishop for the Archdiocese of Sydney.

Fr Tony Percy, 62, is currently the parish priest in the Archdiocese of Canberra and Goulburn parish of St Gregory's, Queanbeyan.

His episcopal consecration is scheduled for May 2 at St Mary's Cathedral in Sydney.

Australian Catholic Bishops Conference President, Archbishop Timothy Costelloe SDB, welcomed the appointment.

"Fr Tony will bring to his new role as bishop a wealth of experience from his parish ministry and leadership of the seminary in Sydney," Archbishop Costelloe said.

"His deep faith, prayerful approach to ministry and commitment to service will make him an invaluable addition to the Australian Catholic Bishops Conference."

Ordained priest in December 1990, Fr Tony served in the parishes of Young, Queanbeyan, Arian Park, Ardlethan and Barellan.

Following theological studies in the United States, he served as parish priest in Goulburn before being invited by Cardinal George Pell in 2008 to head the Seminary of the Good Shepherd in Homebush, Sydney.

Fr Tony returned to Canberra in 2015 to be vicar-general of the archdiocese, during which time he served in the parishes of Wanniasa and Queanbeyan.

REFLECTION by Fr Michael Tate

Not a Celestial Joke!

Blessed are the poor? – the hungry? – those who mourn? What is Jesus doing in these Beatitudes?

Jesus was not a 'pie in the sky' dreamer saying: 'You are destitute, hungry now. Don't worry, you will be okay in paradise in the long distant future.' *That* would be a cruel celestial joke.

Rather, Jesus was setting about the task of creating a new sort of society, the Kingdom of God on earth, in which the destitute, the starving, the weeping, are *blessed* in the sense that they can expect their suffering to be alleviated, companions to be found in their distress.

The Divine imperative is that His followers break out of their comfort zone of plenty of money, full stomachs, much to laugh about. They must enter into the harsh reality of other people's destitute, starving, weeping lives. Woe to them if they do not.

Can Our Lord look into the heart of each one of us living in our comfortable world, and then with confidence turn to that *other* world and recite the Beatitudes?

We might pause for a moment, recognise that Jesus' credibility is on the line, and pray that His Father's will be done on *earth* as it is in Heaven.

© Fr Michael Tate





**DECREE
ON THE PROCLAMATION OF PLACES OF PILGRIMAGE IN THE
ARCHDIOCESE OF SYDNEY
ON THE OCCASION OF THE JUBILEE YEAR OF OUR LORD 2025**

The Holy Father has proclaimed 2025 as a year of Ordinary Jubilee and has invited all the faithful to full participation. Therefore:

Having regard to the Bull of Pope Francis *Spes non confundit* - "*Hope does not disappoint*" of 9th May 2024;

Noting the Norms promulgated by the Apostolic Penitentiary of 13th May 2024 regarding indulgences in the Ordinary Jubilee Year of 2025;

Recognising the significance of this Jubilee Year as the 1700th anniversary of the Council of Nicaea;

In accordance with the authority vested in me as the local Ordinary, from the date of this Decree until the closing of the Jubilee Year on 28th December 2025:

A. I ask that all priests of the Archdiocese of Sydney make use of the Nicene Creed (rather than the Apostles' Creed) on Sundays and Solemnities in 2025;

B. I designate the following churches as Places of Pilgrimage where full Jubilee Indulgences may be obtained, under the usual conditions:

- i. St Mary's Cathedral, Sydney;
- ii. St Patrick's Church, Church Hill
- iii. The Shrine of St Mary of the Cross, North Sydney;
- iv. The Shrine of Our Lady of Mount Carmel, Waterloo;
- v. St Brigid's Church, Coogee
- vi. Our Lady of the Sacred Heart Church, Randwick
- vii. St Anne's Church, Bondi Beach
- viii. All Saints Catholic Church, Liverpool
- ix. Holy Spirit Church, Carnes Hill
- x. St Joachim's Church, Lidcombe
- xi. St Brigid's Church, Marrickville
- xii. St Catherine Labouré Church, Gympie

All pilgrims who comply with the usual conditions for an indulgence i.e. receive the Sacrament of Penance, attend Mass, receive the Most Holy Eucharist and pray for the intentions of the Holy Father, will receive a full Jubilee Indulgence upon pilgrimage to any of the churches designated above.

This decree is to be published on the Archdiocesan website and the next edition of the *Ad Clerum*, and is to be made known throughout the Parishes of the Archdiocese of Sydney.

Most Rev Anthony Fisher OP
Archbishop of Sydney

Mr Chris Meney
Chancellor

Given at: The Chancery, Archdiocese of Sydney, on the 31 January the Year of Our Lord 2025.

JUBILEUM
2025

PLENARY
Indulgence

LET US PRAY TOGETHER FOR THE PRAYER
INTENTIONS OF THE HOLY FATHER

Franciscus



CLICKTOPRAY



Pope's Worldwide
Prayer Network



What is indulgence?

An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain defined conditions through the Church's help. A plenary (meaning "full") indulgence is a special type of indulgence that, if all the requirements are met, removes **all** temporal punishment due to one's sin. The church uses the power of the keys given to St. Peter by Jesus in Scripture (Matthew 16:18) to remove temporal consequences that still remain from sins committed. Even if we have been forgiven of a particular sin, we still experience the consequences of that sin in our lives.

To obtain an indulgence, Catholics in the state of grace must:

- Go to confession
- Receive Holy Communion
- Pray for the intentions of the Holy Father

The faithful who devoutly visit the churches mentioned by our Archbishop and participate in any sacred rite or at least recite the Lord's Prayer and the profession of faith may obtain a plenary indulgence under the usual conditions listed above. Plenary indulgence is for the remission of one's own sins or of those died.



Please join us for

Year 3's Family Mass

SATURDAY | FEBRUARY 22 | 5:30PM

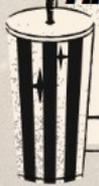
Holy Family Church
Light refreshments to follow

ST. PAT'S SUTHERLAND
YOUNG ADULTS
(18-25)

MOVIE & GAMES NIGHT

DINNER 7PM
GAMES 7:30PM
THE CHOSEN 8:30PM

SAT 22 FEB



FOR ANY QUESTIONS
AND TO
RSVP:
CONNECT
VIA OUR
WHATSAPP
GROUP



SEMINARY

OPEN DAY



23RD OF FEBRUARY
GOOD SHEPHERD SEMINARY



SIGN UP HERE