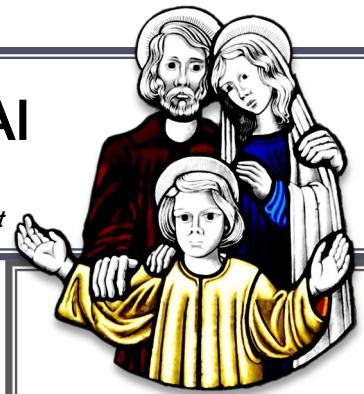


HOLY FAMILY CATHOLIC PARISH MENAI

LIVING AND SHARING THE CHRISTIAN LIFE AS A GROWING PARISH FAMILY

Alfords Point Bangor Barden Ridge Illawong Lucas Heights Menai Woronora West



TWENTY-THIRD SUNDAY IN ORDINARY TIME
8 September 2024 Year B/2—Divine office Psalter Week 3

ENTRANCE ANTIPHON

**You are just, O Lord, and your judgement is right;
treat your servant in accord with your merciful love.**

First Reading

A reading from the prophet Isaiah
(Isaiah 35:4-7)

Say to all faint hearts,
'Courage! Do not be afraid.
'Look, your God is coming,
vengeance is coming,
the retribution of God;
he is coming to save you.'
Then the eyes of the blind shall be
opened,
the ears of the deaf unsealed,
then the lame shall leap like a deer
and the tongues of the dumb sing for joy;
for water gushes in the desert,
streams in the wasteland,
the scorched earth becomes a lake,
the parched land springs of water.

The Word of the Lord

Thanks be to God

Responsorial Psalm

(R.) Praise the Lord, my soul!

It is the Lord who keeps faith for ever,
who is just to those who are oppressed. It
is he who gives bread to the hungry, the
Lord, who sets prisoners free. **(R.)**

It is the Lord who gives sight to the blind,
who raises up those who are bound down,
the Lord who loves the just, the Lord, who
protects the stranger. **(R.)**

The Lord upholds the widow and orphan,
but thwarts the path of the wicked. The
Lord will reign for ever, Zion's God, from
age to age. **(R.)**

Second Reading

A reading from the letter of St James
(James 2:1-5)

My brothers, do not try to combine faith
in Jesus Christ, our glorified Lord, with
the making of distinctions between classes
of people. Now suppose a man comes
into your synagogue, beautifully dressed
and with a gold ring on, and at the same
time a poor man comes in, in shabby
clothes, and you take notice of the well-
dressed man, and say, 'Come this way to
the best seats'; then you tell the poor man,

'Stand over there' or 'You can sit on
the floor by my foot-rest.' Can't you
see that you have used two different
standards in your mind, and turned
yourselves into judges, and corrupt
judges at that?

Listen, my dear brothers: it was those
who are poor according to the world
that God chose, to be rich in faith and
to be the heirs to the kingdom which
he promised to those who love him.

The Word of the Lord

Thanks be to God

Gospel Acclamation

Alleluia, alleluia!

Jesus preached the Good News of the
kingdom and healed all who were
sick.

Alleluia!

Gospel

**A reading from the holy Gospel
according to Mark (Mark 7:31-37)**

Returning from the district of Tyre,
Jesus went by way of Sidon towards
the sea of Galilee, right through the
Decapolis region. And they brought
him a deaf man who had an
impediment in his speech; and they
asked him to lay his hand on him. He
took him aside in private, away from
the crowd, put his fingers into the
man's ears and touched his tongue
with spittle. Then looking up to
heaven he sighed; and he said to him,
'Ephphatha,' that is, 'Be opened.'
And his ears were opened, and the
ligament of his tongue was loosened
and he spoke clearly. And Jesus
ordered them to tell no one about it,
but the more he insisted, the more
widely they published it. Their
admiration was unbounded. 'He has
done all things well,' they said 'he
makes the deaf hear and the dumb
speak.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

Parish Priest:
Rev. Mani Malana msfs
E: pastor@holymenai.org.au

Assistant Priest:
Rev. Tom Jose msfs
E: tom.jose@sydneycatholic.org

Parish Secretary/Bookkeeper:
Andrea Hunt
Phone: 02 9543 2677
E: admin@holymenai.org.au

Sacramental Coordinator:
Nicole Makdessi
Phone: 02 9543 2677
E: sacraments@holymenai.org.au

**Parish Pastoral Council
Chair Person:**
Ivan David
E: ivandavid445@gmail.com

**Parish Finance Committee
Chair Person:**
Robert Mulcahy
E: rmulcahy@bigpond.com

Parish Safeguarding Officer:
Nicole Makdessi
E: psso@holymenai.org.au

Parish WH&S Management Officer:
George Szymura
E: georgeszymura1@gmail.com

**St Vincent de Paul, Menai
Conference - Contact**
Chrissie Guglielmini
E: Chrissie.guglielmini@vinnies.org.au

Holy Family Primary Principal:
John Kennedy Ph 9543 2614

Aquinas College Principal:
James Clancy Ph 9543 0188

Holy Family Parish Menai
1D Anzac Rd Menai NSW 2234
Phone: 02 9543 2677
E: admin@holymenai.org.au
Web: HolyFamilyMenai.org.au

Parish Office hours:
Tuesday, Thursday & Friday: 9am - 4pm

Mass Timings:
Weekday: Tue - Sat 9.15am
1st Friday of the month: 7.00pm
Weekend: Saturday Vigil 5.30pm
Sunday: 8.30am, 10.00am

Blessed Sacrament Exposition
Tue - Sat: 8.30am - 9.10am
Fri - 8.30am Laud's music
8.45am Divine Mercy Chaplet
9am Benediction of the Blessed
Sacrament
1st Friday of the month (after 7pm Mass
- 12am)

Lauds Tue, Wed and Thu - 8.45am

Reconciliation: Sat: 4.30 - 5.15pm
Or by appointment.

Holy Communion or Visit at Home:
Please contact the parish office to
arrange a time.

Baptisms: Every 2nd Sunday,
11.15am and 4th Sunday during
10am Mass (no baptisms during Lent)

Baptism Preparation Program:
11am on the 1st Sat of each month.

In your love and concern, please pray for all the sick and vulnerable members of our Holy Family community:

Georgette Alam, Edith Gonsalvez, Jim McGuiness, Justin Olliffe, Peter Howlett, Mark F, Robbert A, Therese Smith, Charlie Callus, Carlos Simoes, Beatrice Gonsalvez, Matilda Oliver-Nalder, Angela Symons, Carol Galdes, Julie Gonsalvez, Robert Nicholls, Brad Jory, Jayden, Natividad Sora, Paul Hill, Bernard Aclan, Julius Aclan, Jean Aclan, Geoff Eastgate, Joanne Mannah, Marie Collins and Chris Halvey.

We remember those whose Anniversaries we commemorate at this time:

June and Don Richardson, Elaine Senat, Linda Senat, Thomas Trutwein, Slavko Ersegovic, Maud McGuiness, Krystyna Pilarowski, Daniel Pereira, Manuel Pereira Carinha, Gwen Cook, Marilyn Nicholls, Johanna Nicholls and Nell Hocking.

Recently Deceased.

Jennifer Estrada, Patrick Jones, Elizabeth Mangan, Augustus Hibbard, Peter O'Reilly, Rory Connor and Widad Francis.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. - Amen -

THE GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us;

you take away the sins of the world, receive our prayer;

you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

THE NICENE CREED

I believe in one God, the Father almighty,

maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

(all bow) and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins

and I look forward to the resurrection of the dead

and the life of the world to come.

Amen.

AFTER THE PREFACE

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

COMMUNION ANTIPHON

**Like the deer that yearns for running streams,
so my soul is yearning for you, my God;
my soul is thirsting for God, the living God.**

THE MYSTERY OF FAITH.

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

HOLY FAMILY PRAYER

Jesus, Mary and Joseph, in you we contemplate the splendour of true love; to you we turn with trust.

Heavenly Father, grant that our families too may be places of Communion and prayer, authentic

schools of the Gospel and small domestic churches.

Heavenly Father, may families never again experience violence, rejection and division; may all who have been hurt or scandalised find ready comfort and healing.

Heavenly Father, make us once more mindful of the sacredness and inviolability of the family, and its beauty in God's plan.

Jesus, Mary and Joseph, graciously hear our prayer. Amen

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary.

Pray for us, O Holy Mother of God.

That we may be made worthy of the promises of Christ.

PRAYER TO ST MICHAEL

Saint Michael the Archangel, defend us in the day of battle. Be our safeguard against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the Heavenly Host, by the power of God, cast into hell satan and all evil spirits who wander through the world seeking the ruin of souls. Amen

What's on at Holy Family Parish

† **Exposition of the Blessed Sacrament** - Tue - Sat: 8.30am - 9.10am

† **Morning Prayer (Lauds)** - Tue - Thu 8.45am.

† **Divine Mercy Chaplet and Benediction of the Blessed Sacrament** - Fri 8.45am

1st Friday of the month (after 7pm Mass - 12am)

† **Rosary** - Sat - 8.45am.



† **Children's Liturgy** - Sun - 8.30am Mass

† **Daily Rosary, Rosary** at 8-8.30pm on Zoom, please text (ROSARY) to 0418 433 333 to receive the link.

THE Catholic Weekly

SUNDAY, 8 SEPTEMBER 2024

PULPIT POINTS

- ◆ **SHROUD OF TURIN:** Leading Australian researcher says science has proved authenticity p3
 - ◆ **Spiritual warfare** is about the basics: Archbishop Porteous p1,6
 - ◆ **New doco** recalls JPPII's visit to Sydney p9
 - ◆ **Disciple Diaries:** Stunt Truckie now God's prime mover p8
 - ◆ **Monica Doumit:** 'Born Alive' bills show anti-life's ghoulish logic p17
 - ◆ **George Weigel:** 25 years since A Witness to Hope p19
- Available to purchase in the foyer. **Only \$2 please leave the money in the box provided.** Thank you.

EVENTS FOR 2024

SEPTEMBER


8 Sunday	Safeguarding Sunday
9 Monday	St Peter Claver
10 Tuesday	The Most Holy Name of Mary (optional), Adoration at 8.30am followed by Mass at 9.15am
10 Tuesday	Sacrament of First Holy Communion - Fourth Lesson in the Church, 6.30pm
11 Wednesday	Sacrament of First Holy Communion - Fourth Lesson in the Church, 6.30pm
13 Friday	St John Chrysostom Memorial, Adoration at 8.30am followed by Mass at 9.15am
14 Saturday	The Exaltation of the Holy Cross Feast Day, Adoration at 8.30am followed by Mass at 9.15am
16 Monday	Sts Cornelius and Cyprian
17 Tuesday	First Holy Communion Rehearsal, 6.30pm
18 Wednesday	First Holy Communion Rehearsal, 6.30pm
20 Friday	Sts Andrew Kim Taegon and Paul Chung Ha-sang & companions Memorial, Adoration at 8.30am followed by Mass at 9.15am
21 Saturday	St Matthew Feast Day, Adoration at 8.30am followed by Mass at 9.15am
21 Saturday	Celebration of First Holy Communion Mass, 5.30pm
22 Sunday	Celebration of First Holy Communion Mass, 10am
22 Sunday	Celebration of First Holy Communion Mass, 12pm

ROSTER FOR 15 SEPTEMBER (3RD WEEKEND) TWENTY-FOURTH SUNDAY IN ORDINARY TIME		5.30pm	8:30am	10am	OTHER
	ACOLYTES/ SERVERS	Peter McLachlan Raf Saad	Phil Tax	Bernard Govind	Counters: Gino Ferraro's Team
	READERS	Linda O'Regan Lauren Hosking	Emma Gioiello Mariko Mauch Tiarna Pender	Bridget Nappa Sally Dable Nuha Dr Vries	Children's Liturgy: 8.30am Mass only
	WARDENS	Charlie Zammit/Benny Falls	George Szymura/Jim Montague	Adrian D'Mello	Heritage Aged Care: Mona
	MUSICIANS	Jeff and Sue Low	Emma (Powerpoint MP3)		Barden Lodge Aged Care: Adam
	PIETY STALL	Volunteer Needed	Vanessa	Marie W	



A message from the Archdiocese of Sydney:

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.



HOLY FAMILY CATHOLIC CHURCH MENAI
 1D Anzac Road, Menai NSW Australia 2234

CHILDREN'S LITURGY

SUNDAY 8:30AM

THE GOSPEL EXPLAINED THROUGH DISCUSSION, ACTIVITIES AND CRAFT

COME JOIN US



DATES • 18 Aug • 25 Aug • 1 Sep • 8 Sep • 15 Sep
 • 22 Sep • 29 Sep •

Safeguarding Prayer

Gracious God,

you love and care for all of your children, especially the smallest and most vulnerable.

We entrust to you the lives of children and adults at risk who have been abused, neglected or exploited and whose trust and innocence have been destroyed.

Help us to hear their cries of pain and to take responsibility for those whose lives have been broken. Help us to recognise the hurt felt by those wounded by abuse, and the failure to be heard.

We pray that with the help of your grace communities and families will find understanding and support, so that now and in the future their wounds may be healed and they may find lasting peace.

Let your grace and love fall gently now upon our children and adults at risk, giving them the inner strength, peace and resilience to seek out assistance when required.

We ask this prayer through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God forever and ever. **Amen**

Holy Family Catholic Church, Menai

CLUB CENTRAL 61st Annual Mass Celebration

Join us for the Club Central 61st Annual Mass at Holy Family Catholic Church, Menai.

Members of Club Central are invited to be part of the Menai congregation.

This special event will bring our community together for a memorable morning of celebration and reflection.

SUNDAY 27 OCTOBER

HOLY FAMILY CATHOLIC CHURCH
1D ANZAC ROAD, MENAI

10AM MASS
FOLLOWED BY MORNING TEA





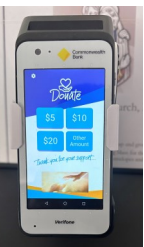

IMPORTANT INFORMATION REGARDING TRANSITION FROM QUEST DONATION POINT

We can confirm that our previous donation devices were switched off at the end of August 2024, as the old terminals were not compatible with the 4G or 5G networks.

Please find below a quick guide to using the new donation devices.

QUICK GUIDE TO USE THE NEW DONATION DEVICE:

- 1. Select Amount:** Tap one of the preset amounts (\$5, \$10, \$20) or tap **"Other Amount"** to enter a custom donation.
- 2. Make Payment:** Tap your **contactless card** or **smartphone** on the top of the device to complete the payment.
- 3. Confirmation:** The device will display a thank you message once the donation is successful.



Our Lady of Fatima Parish

389 Port Hacking Road, Caringbah

The Piety Shop in our Parish

Welcomes you to our clear out sale

We have opened up our storage cupboards and discovered some overstocks that we will reduce to clear

Come along and pick up a devotional item for your home, a loved one, friend or as a thoughtful gift

We have 4 tables of items from as low as \$1, they include; Rosary beads, statues, Crosses, Sacramental items for Baptism,

Reconciliation, Holy Communion and Confirmation, medals, books,

cards, candles, key rings, Holy Cards, baby items, bracelets, Nativity and Christmas items, Pyxis and family gift plaques

When: Saturday 21st September before and after our Masses from 3:30pm to 6:30pm (Mass times 4pm & 5:30pm)

Sunday 22nd September before and after our Masses from 7:30am to 11:00 am (Mass times of 8:00am & 9:30am)

So please come along and join our community and pick up a little something for yours

Eftpos available, thank you God bless

HOLY TRINITY COMMUNITY
presents

Understanding
5 LOVE LANGUAGES

Saturday, 14th | 2PM - 5PM
September 2024 (Refreshment Provided)

OLSH Parish - 193 Avoca Street, Randwick NSW 2031

Charbel Raish
Founding Partner of Parousia Media

Friendship, Community, Couple Edition

In collaboration with
EAST FEST
EASTERN DEANERY
PAROUSIA

Praise and Worship •
Teaching by Charbel Raish •
Q&A (Question & Answer) •
Adoration •

Reserve Your Seat
by Scanning
this QR Code

HOLY TRINITY COMMUNITY HOLYTRINITYSYDNEY.ONLINE #Sharethejoy

Pilgrims of Hope

A Retreat for Men at Mt Schoenstatt
Sat & Sun 26, 27 October, 2024.

With Mass & Reconciliation. Begin at the Shrine 9am.

Mt Schoenstatt 230 Fairlight Rd, Mulgoa..

email mensbranch@schoenstatt.org.au

Jim 0432 487 927 for info/bookings



Hope a Virtue for our time - Fr Pawel

Hope the Salt of our daily life - Michael Dyczek

Mother of Hope - Fr Pawel



Bookings <https://bit.ly/4coasdo>

Photo by Chang Duong on Unsplash



with Fr Pawel
"Son of St Dominic"
Assistant Priest St Joseph's Kingswood
Chaplain at ACU
Member of the Schoenstatt Family

Day attendance \$25. Start 9am at the Shrine. BYO lunch and contribution for snacks. No need to book ahead if bringing cash on the day.

Overnight \$290 your own ensuite room, start Friday 7pm, bring a contribution for snacks. Book by 12 Sept 2024.



"Every conversation matters"

**SAFEGUARDING SUNDAY
8 SEPTEMBER 2024**



This weekend, the Catholic Church in Australia marks Safeguarding Sunday, on which we pray for those who have been abused, their families and supporters. We recognise and apologise for the harm done by priests, religious and lay people in Church settings. Rebuilding trust and confidence in the Church requires constant work and vigilance. We recommit to cultural change that will help the Church be a place that respects the dignity of all children and adults at risk, and empowers and listens to all people, especially those who are vulnerable.

You can find out more about the Church's work in this area at:

<https://www.catholic.au/s/article/Safeguarding-Sunday-2024>

**PRIESTS'
RETIREMENT
FOUNDATION**



It not too late to donate!!!
Envelopes can be found on
the pews and in the foyer

Donate to the Priests' Retirement Foundation Father's Day appeal

1 September 2024

Our Fathers are there for us in our happy and sad times. When they are sick or retire to lesser duties, it is our responsibility to look after them.

You can show our Fathers they are not forgotten this Father's Day.

Donate generously now.

Donate at www.ourfaithourworks.org/give-to-prf
Or complete the parish envelope.



PLANNED GIVING ENVELOPES

We thank our parishioners for your ongoing support.

Our 2024/25 envelopes are available to collect from the Church foyer.

Our Planned giving allows us to invest in our pastoral service including sacramental preparation, our liturgical environment and parish staff and maintenance.

We thank you for supporting us.

*** You are eligible to a 30% tax deduction with the planned giving envelopes/monthly credit card planned giving contribution.**

If you would like to receive planned giving envelopes or set up a monthly credit card planned giving contribution. Forms can be located in the foyer. Please complete either form and return to the Parish office.

